CLASS TIMETABLE

	MON	TUE	WED	THU	FRI	SAT	SUN
10:00 AM							General Class 10 - 11
11:00 AM							Kumite or Black Belt Class 11 - 12
6:00 PM		White to Yellow Class 6:00-7:00	General Class 6:30-7:30	General Class 6:30-7:30	General Class 6:30-7:30		
7:00 PM		General Class 7:00-8:00	Black Belt Class 7:30-8:30	Adv Yellow and above class 7:30-8:30			
8:00 pm		Meditation 8:00-8:30					
9:00 PM							